

# **Body Art Practitioner's Guide - Abridged**

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# **Body Art (Permanent Cosmetics) Procedure:**

## **Part 1: Informed Consent and Procedure Overview**

Before the procedure, provide an informed consent form to your client to read and sign.



Before the procedure, complete the following steps:

- 1. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.
- 2. Put on a clean apron, bib, or lap pad over clean, dry clothing.
- 3. Put on personal protective equipment that is appropriate for the task.
- 4. Put on disposable gloves. Gloves shall be worn throughout the procedure.
- 5. Disinfect workstation with EPA registered List-D disinfectant. Follow contact time as required by the label.
- 6. Prepare workstation with equipment:
  - a. Position supplies above the procedure height to avoid mist contamination.
  - b. Prepare items:
    - i. Single-use and disposable items:
      - 1. Single-use needle
      - 2. Tattoo ink in single-use disposable container
      - 3. Topical anesthetic non-prescription
      - 4. Anti-septic solution, antimicrobial, or microbicide to clean procedure site
      - 5. Single-use stencil and marker/pencil
      - 6. Pigment mask
    - ii. Reusable items: Disinfect reusable equipment with EPA registered List-D disinfectant. Follow contact time as required by the label. Wrap reusable equipment in appropriate barrier.
      - 1. Machine/Applicator
      - 2. Measuring equipment
- 7. Remove contaminated gloves.
- 8. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.













### Part 3: Perform Body Art Procedure

- 1. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.
- 2. Put on disposable gloves. Gloves shall be worn throughout the procedure. If gloves are contaminated by any surface or object other than the client's skin or material used for the procedure:
  - a. Pause the procedure.
  - b. Remove contaminated gloves.
  - c. Wash hands with soap and warm water for at least20 seconds. Dry hands with disposable paper towel.
  - d. Put on new gloves.
- 3. Apply antiseptic solution, antimicrobial, or microbicide to the client's skin.
- 4. Apply template with either a single-use disposable stencil template or a non-toxic single-use marker/pencil.
- 5. Apply topical anesthetic. Follow instructions on label.
- 6. Apply permanent cosmetics.
  - a. If the client or practitioner needs a break during the procedure:
- i. Apply sterile dressing over procedure area. Do not use plastic wrap to cover the procedure site. Only sterile dressing is allowed to be utilized to cover the procedure site.
- ii. Remove contaminated gloves.
- iii. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.
- iv. Resume procedure by washing hands with soap and warm water for at least 20 seconds, drying hands with a disposable paper towel, and putting on new gloves.
- 7. Apply aftercare products to skin (if necessary or applicable).

### Part 4: Post Procedure and Breakdown

- 1. Provide postprocedure care instructions to client.
- 2. Place all used or discarded sharps waste into the sharps container.
- 3. Throw away all single-use disposable items (except for sharps waste) in the waste container.
- 4. Remove contaminated gloves.
- 5. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.
- 6. Put on new gloves.
- 7. Disinfect workstation with EPA registered List-D disinfectant. Also disinfect client chair, arm rests and workstation lighting equipment. Follow contact time as required by the label.
- 8. Remove contaminated gloves.
- 9. Wash hands with soap and warm water for at least 20 seconds. Dry hands with disposable paper towel.







